

Personal Retreat Form
Drong Ngur Jangchubling, Florida
April 2014

Overview:

Drupon Thinley Nyingpo Rinpoche has requested that the center be available to those wishing to conduct a personal retreat. To streamline this process, we are incorporating these forms as part of the application to stay at the center. Please complete every section of this form; leave no portion blank. *Your application must be fully completed before it is reviewed.* All information is kept confidential. Additionally, please review the policies of staying at the center in “Personal Retreat Guidelines” and “Personal Retreat Payment Form”. You will need to complete all three forms as part of your application.

Instructions:

Complete this document in a separate form by answering all the numbered questions. You may use a separate sheet of paper for your responses if needed. Please sign and date at the bottom of the page. Mail all three documents, Personal Retreat Form, Personal Retreat Payment Form, and Personal Retreat Guidelines Form to our mailing address: 12733 Oakwood Drive Hudson FL 34669

General Information

In order to provide proper information for our center, please complete the following questions.

1. Full legal name
2. Address of residence (must not be a P.O. Box)
3. What is your phone number and email address (if applicable)?
4. If you will have a car on the premises, please list the make, model and plate number
5. Please list an emergency contact (full name and phone number)
6. Have you visited Drong Ngur Jangchubling before?
7. When do you want to conduct your retreat? Please provide days and month(s).

Medical Information

In the event of a medical emergency, Drong Ngur does not have anyone who can assist with medical diagnosis or treatment.

Please let us know if you already have a plan in place to address your medical history and needs in the event of an emergency.

8. In case of a medical emergency, do you have any serious medical issues you wish to disclose (i.e. allergies to medicine, insects, foods, etc..) so that we may inform a treating physician? If you do not wish to disclose, do you have a way to communicate these concerns should you fall ill?

9. If you are traveling from outside the Tampa Bay area, have you researched the closest pharmacy, hospital, or other medical provider? Have you informed your physician that you will be traveling in case you need care?

Mental Health Disclosure

Drong Ngur Jangchubling is a religious organization and does not have the ability to diagnosis, treat, or care for people with severe mental illness or psychiatric disorders. A personal meditation retreat (and any teachings and empowerments given at the center) is not a substitute for medical or psychiatric treatment. We do not recommend an isolated personal retreat for people with serious psychiatric disorders.

10. Have you had any serious mental health concerns in the past six months? If yes, please explain.

Meditation Instruction & Experience

11. All regularly scheduled meditation practice, classes, and meetings will be held at the center during your stay. There are also visiting teachers and other events throughout the year. Have you reviewed our calendar to see when these are? Will they conflict with your retreat goals?

12. Please provide a brief history of your meditation practice including past retreats, teachers and how long you have been practicing.

13. Drong Ngur Jangchubling follows the Drikung Kagyu lineage of Tibetan Buddhism. Do you have any history with practicing Tibetan Buddhism? If so, which lineage?

14. Please tell us what type of retreat you wish to conduct (i.e. mantra, silent meditation, etc..)

15. Your retreat must be held while Drupon Rinpoche is in residence at the center. We are not able to accommodate any retreat dates while he is absent.

Signature and date
